# Mysterious neutron stars: dense-matter interiors and gravitational-wave searches 

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## Outline

Introduction:

- Neutron stars
- Gravitational wave sources

Coalescencing binaries
Continuous gravitational wave sources

- Isolated neutron stars
- Distance estimation error

Gravitational wave parallax

## Neutron stars - extreme objects

Neutron stars are mysterious and extraordinary remains of a cruel and unusual fate of massive stars ( $8-20 \mathrm{M}_{\odot}$ ).


They have $M=1-2 \mathrm{M}_{\odot}$ and $R \approx 10-20 \mathrm{~km}$. Because of that they are the only known 'laboratories' that allow for testing theories of the densest, cold matter in extreme conditions unattainable at Earth.

## From equation of state to $M(R)$ realation

By measurements of the neutron stars masses $M$ and radii $R$ one can, in principle, determine the properties of matter inside the neutron star: relation between pressure $P$ and density $\rho$ - so called equation of state (EOS).

$M(R)$ of non-rotating stars are produced by solving
Tolman-Oppenheimer-Volkoff (TOV) equations of the hydrostatic equilibrium (Oppenheimer \& Volkoff 1939; Tolman 1939):

$$
\frac{d P(r)}{d r}=-\frac{G}{r^{2}}\left[\rho(r)+\frac{P(r)}{c^{2}}\right]\left[M(r)+4 \pi r^{3} \frac{P(r)}{c^{2}}\right]\left[1-\frac{2 G M(r)}{c^{2} r}\right]^{-1}
$$

## Neutron stars - mass and radius observations

## Challenge

Some objects have precise measurements of their masses, but there is always a problem with radii measurements...


## Equation of state is still unknown




Watts (2019)

## Equation of state status

In reality it is (currently) impossible to determine equation of state due to the observational error.


## Numerical relativity needed!

Sequences of rotating stars parametrized by the spin frequency and the equation of state parameter (e.g. the central pressure) can be obtained by using e.g. a multi-domain spectral methods: library LORENE (Gourgoulhon et al. 2016; Bonazzola et al. 1993; Gourgoulhon et al. 1999; Gourgoulhon 2010)


Watts (2019)

## Observational challenges: NICER

## To test equation of state we need better estimation of the neutron stars global parameters.

Neutron star Interior Composition ExploreR (NICER) $\rightarrow$ Predicted accuracy of $M$ and $R$ measurements: few \% by using pulse profile modelling

Psaltis, Özel \& Chakrabarty (2014); Psaltis \& Özel (2014); Lo, Miller, Bhattacharyya \& Lamb (2013); Miller \& Lamb (2016)




## Observational results：NICER

To achieve $\sim 5 \%$ accuracy in $M$ and $R$ measurements many assumption have to be fulfilled．．．

．．．so far $10 \%$ was achieved for PSR J0030＋0451（ $f \approx 200 \mathrm{~Hz}$ ）．
Riley et al．（2019）；Raaijmakers et al．（2019）；Bilous et al．（2019）；Miller et al．（2019）；Bogdanov et al．（2019）；
Guillot et al．（2019）

## Constraining equation of state with NICER

A NICER view of PSR J0030+0451: implications for the dense-matter equation of state.



## Sieniawska, Bejger \& Haskell (2018) A\&A, 616, A105 arXiv:1803.08813




Reference model: SLy4 model: crust + liquid core with npe $\nu$ composition (Douchin \& Haensel 2001)

Model1 and Model2: our polytropic equations of state: SLy4 crust + three piecewise relativistic polytropes:
$P(n)=\kappa_{i} n^{\gamma_{i}}$,
$\epsilon(n)=\rho c^{2}=\frac{P}{\gamma_{i}-1}+n m_{b_{i}} c^{2}$
$P(n)$ - pressure as function of the baryon density $n$
$\epsilon(n)$ - mass-energy density
$\kappa_{i}$ - pressure coefficient for $i$-th polytrope $(i=1, \ldots, 3)$
$\gamma_{i}$ - polytropic index
$m_{b_{i}}$ - baryon mass

Sieniawska, Bejger \& Haskell (2018) A\&AA, 616, A105 arXiv:1803.08813


5\% accuracy in $R$ measurements leads to errors:

- $8-10 \%$ for the oblateness and area
- up to $10 \%$ for $n_{c}, P_{c}$ and $\rho_{c}$ for $1 M_{\odot}$
- $20-40 \%$ for $n_{c}, P_{c}$ and $\rho_{c}$ for $2 M_{\odot}$
Hessels et al. (2006)
XTE J1739-285: $\nu=1122 \mathrm{~Hz}$
Kaaret et al. (2007)
not confirmed


## With rotation one can distinguish between equation of states!

## Basics of the Gravitational Radiation Theory

A non-negligible time-varying quadrupole moment is needed to produce GWs!

GW amplitude strain tensor $h_{i j}$ at position $r$ (Einstein 1916, 1918):
$h_{i j}=\frac{2 G}{c^{4} r} \ddot{Q}_{i j}\left(t-\frac{r}{c}\right)$,
where the mass-quadrupole moment:
$Q_{i j}(x)=\int \rho\left(x_{i} x_{j}-\frac{1}{3} \delta_{i j} r^{2}\right) d^{3} x$.
Propagation of the GWs in vacuum is governed by a standard wave equation:
$\left(\frac{\partial^{2}}{\partial t^{2}}-\nabla^{2}\right) h_{i j}=\square h_{i j}=0$.


## First evidence



- Hulse-Taylor binary (PSR B1913+16)
- Discovered in 1974; Nobel Prize in Physics 1993
- A binary star system composed of a neutron star and a pulsar $\rightarrow$ precise measurements
- Great agreement with the loss of energy due to gravitational waves


## New era: gravitational waves astronomy (01/O2/O3)

## 90 events confirmed! (GW150914,GW170817)

## Masses in the Stellar Graveyard <br> in Solar Masses


$\rightarrow$ Detections catalog: https://www.gw-openscience.org

## Coalescencing binaries

Gravitational waves from coalescencing binary systems are standard sirens (Schutz 1986) - the GW analog of an astronomical standard candle - as determination of their luminosity distance depends only on measurable quantities like amplitude, frequency and frequency derivative of the signal.

$$
\begin{aligned}
h_{0, \text { bin }} & =\frac{4 \pi^{2 / 3} G^{5 / 3}}{c^{4}}\left(f_{\mathrm{GW}} \mathcal{M}\right)^{5 / 3} \frac{1}{f_{\mathrm{GW}}} \frac{1}{d} \\
\dot{f}_{\mathrm{GW}} & =\frac{96}{5} \pi^{8 / 3}\left(\frac{\mathrm{GM}}{c^{3}}\right)^{5 / 3} f_{\mathrm{GW}}^{11 / 3}
\end{aligned}
$$

Chirp mass: $\mathcal{M}=\frac{\left(M_{1} M_{2}\right)^{3 / 5}}{\left(M_{1}+M_{2}\right)^{1 / 5}}$


## Gravitational wave cosmology



Electromagnetic counterpart needed!

## Cosmological corrections

$$
\begin{aligned}
& h_{0, \text { bin }}= \\
& \frac{4 \pi^{2 / 3} G^{2 / 3}}{c^{4}}\left(f_{\mathrm{d}, \mathrm{GW}} \mathcal{M}_{\mathrm{d}}\right)^{5 / 3} \frac{1}{f_{\mathrm{d}, \mathrm{GW}}} \frac{1}{d_{\mathrm{l}}} \\
& f_{\mathrm{s}, \mathrm{GW}}=f_{d, G W}(1+z) ; \\
& \dot{f}_{\mathrm{d}, \mathrm{GW}}=\dot{f}_{\mathrm{s}, \mathrm{GW}} /(1+z)^{2} ; \\
& \mathcal{M}_{\mathrm{d}}=(1+z) \mathcal{M}
\end{aligned}
$$



## Tidal deformability: GW170817 (Abbott et al. 2018)

Reaction of the star on the external tidal field (lowest-order approximation) Love (1911):
$\lambda_{t d}=\frac{2}{3} R^{5} k_{2}, k_{2}$ depends on M and EOS
Normalised value

$$
\Lambda=\lambda_{t d}\left(G M / c^{2}\right)^{-5} \in(100,1000)
$$

Effective tidal deformability

$$
\tilde{\Lambda}=\frac{16}{13} \frac{\left(M_{1}+12 M_{2}\right) M_{1}^{4} \Lambda_{1}+\left(M_{2}+12 M_{1}\right) M_{2}^{4} \Lambda_{2}}{\left(M_{1}+M_{2}\right)^{5}}
$$



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$$



## GW170817: can be hybrid (twin) stars

Sieniawska, Turczański, Bejger \& Zdunik (2019) A\&A 622, A174 arXiv:1807.11581
Tidal deformability and other global parameters of compact stars with strong phase transitions
One of the possibilities of a very dense matter is the deconfinement of the quarks $\rightarrow$ existence of the phase transition between the normal matter and the quark matter.


Simulations of the hybrid stars are consistent with the GW170817 tidal deformability measurements.

## Gravitational waves - sources

So far only compact objects mergers were detected, but it's just a beginning!


Transient
Signals
Burst
Signals



Upgrade of the existing detectors + new methods in data analysis + new detectors = detections of the more subtle signals

## Signal-to-noise ratio (SNR)

## Signal-to-noise ratio



Regimbau et al. (2017)
$S N R \propto \frac{h_{0}}{\sqrt{S_{n}}} \sqrt{T}$
$S_{n}$ - strain noise (aLIGO: $\sqrt{S_{n}} \sim 10^{-23} \mathrm{~Hz}^{-1 / 2}$ )
$T$ - observational time

## Network of the detectors

## $S N R \propto \sqrt{N}$

N - number of detectors with comparable sensitivity

- GW150914: $h_{0} \sim 10^{-21}, T \sim 0.2 \mathrm{~s} \rightarrow S N R \sim 24$
- CGW: $h_{0} \lesssim 10^{-25}, T \sim$ days, months, years...


## Continuous gravitational waves



## Emission mechanisms (NS)

- Mountains (elastic, magnetic, viscosity stresses)

$$
f_{G W}=2 f_{r o t}
$$

- Oscillations (r-modes)
$f_{G W}=4 / 3 f_{\text {rot }}$
- Free precession
- Magnetic field


## Reviews

Sieniawska \& Bejger (2019) Bejger (2018)
Lasky (2015)

## Deformed neutron stars

## Commonly used model

Non-axisymmetric rotating NS (described as a triaxial ellipsoid) radiating purely quadrupolar CGW.

## Strain amplitude

$h_{0}=4 \times 10^{-25}\left(\frac{\epsilon}{10^{-6}}\right)\left(\frac{I_{3}}{10^{45} \mathrm{~g} \mathrm{~cm}^{2}}\right)\left(\frac{f}{100 \mathrm{~Hz}}\right)^{2}\left(\frac{100 \mathrm{pc}}{d}\right)$
Compare GW 150914: $h_{0} \sim 10^{-21}$ (Abbott et al. 2016)
$\epsilon=\left(l_{1}-l_{2}\right) / l_{3}$
$I=I_{3}$
$f=\Omega / 2 \pi$
$d$-distance


Target:
rapidly spinning neutron stars in our Galaxy
~ 2600 known (http://www.atnf.csiro.au/people/pulsar/psrcat/) potentially $10^{8}$ objects

## Can we also use CGWs as standard sirens?

## Mountains

Rigid rotation of a triaxial star, whose triaxiality or 'mountain' is supported by elastic and/or magnetic strains.

$$
\begin{aligned}
& h_{0, \mathrm{tr}}=\frac{4 G}{c^{4}} \frac{1}{d} I_{3} \epsilon \omega_{\mathrm{rot}}^{2} \\
& \dot{\omega}_{\mathrm{rot}}=\frac{32 G}{5 c^{5}} \omega_{\mathrm{rot}}^{5} \epsilon^{2} I_{3}
\end{aligned}
$$



## R-modes

Inertial waves, caused by the Coriolis force acting as restoring force (Rossby 1939).

$$
\begin{gathered}
h_{0, \mathrm{rm}}=\sqrt{\frac{8 \pi}{5}} \frac{G}{c^{5}}\left(\alpha M R^{3} \tilde{J}\right) \frac{1}{d} \omega_{\text {mode }}^{3} \\
\tilde{\jmath}=\frac{1}{M R^{4}} \int_{0}^{R} \hat{\rho} r^{6} d r
\end{gathered}
$$

$$
\dot{\omega}_{\mathrm{rot}}=-\frac{2^{18} \pi G}{3^{8} 5^{2} c^{7}}\left(\alpha M R^{3} \tilde{J}\right)^{2} \frac{1}{1_{3}} \omega_{\mathrm{rot}}^{7}
$$



Sieniawska \& Jones (2021), arXiv:2108.11710, accepted to MNRAS

## CGWs as not-quite-standard sirens

## Mountains

$$
\Rightarrow h_{0, \mathrm{tr}}=\sqrt{\frac{5 G}{2 c^{3}}} \sqrt{\frac{\dot{m}_{\text {roto }}}{\omega_{\mathrm{rot}}}} \frac{\sqrt{l_{3}}}{d}
$$





$\begin{aligned} & \varepsilon=10^{-5} \\ & \varepsilon=10^{-6}\end{aligned} \quad \square \varepsilon=10^{-7}$
Detectable signals have relative errors $\frac{\sigma\left(d / \sqrt{I_{3}}\right)}{d / \sqrt{I_{3}}}<1 \%$ for ET (10\% for aLIGO).

## R-modes

$$
\Rightarrow h_{0, \mathrm{rm}}=\sqrt{\frac{45 G}{8 c^{3}}} \sqrt{\frac{\dot{\omega}_{\text {moren }}}{\omega_{\text {rot }}}} \frac{\sqrt{T_{3}}}{d}
$$






$$
\begin{array}{lll}
\alpha=10^{-1} \\
\alpha=10^{-2} & -\alpha=10^{-3} & -\alpha=10^{-4}
\end{array} \quad-\alpha=10^{-5}
$$

## Gravitational wave parallax



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Mysterious neutron stars

## Gravitational wave parallax

Sieniawska \& Miller - preliminary results

$$
\begin{gathered}
d=\sqrt{\frac{k_{s k y}}{\pi}} R_{o r b} T_{F F T}\left[\frac{\dot{f}}{\Omega_{o r b} \cos (\beta)}+\frac{f_{0} \Omega_{o r b} R_{o r b}}{c}\right] \\
\sigma(d)=\frac{1}{\rho} \sqrt{\frac{k_{s k y}}{\pi^{3}}\left[\frac{48 R_{o r b}^{4} \Omega_{o b s}^{2}}{c}+\frac{180 R_{o r b}^{2}}{\Omega_{o b s}^{2} T_{o b s}^{2} \cos ^{2} \beta}-\frac{180 R_{o r b}^{3}}{c T_{o b s} \cos \beta}\right]}
\end{gathered}
$$



- Suitable for the near sources (how near?)
- Long-lived signal (CGW)
- What search grid/sky resolution do we need?
- The ONLY work: Seto (2005)
- ... but contains (too) many approximations

