Mysterious neutron stars: dense-matter interiors and gravitational-wave searches

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## Outline

## Introduction:

- Neutron stars
- Gravitational wave sources
- Coalescencing binaries
- Continuous gravitational wave sources
  - Isolated neutron stars
  - Distance estimation error
- Gravitational wave parallax

## Neutron stars - extreme objects

Neutron stars are mysterious and extraordinary remains of a cruel and unusual fate of massive stars (8-20  $M_{\odot}).$ 





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They have  $M = 1 - 2 M_{\odot}$  and  $R \approx 10 - 20$  km. Because of that they are the only known 'laboratories' that allow for testing theories of the densest, cold matter in extreme conditions unattainable at Earth.

## From equation of state to M(R) realation

By measurements of the neutron stars masses *M* and radii *R* one can, in principle, determine the properties of matter inside the neutron star: relation between pressure *P* and density  $\rho$  - so called equation of state (EOS).



*M*(*R*) of non-rotating stars are produced by solving Tolman–Oppenheimer–Volkoff (TOV) equations of the hydrostatic equilibrium (Oppenheimer & Volkoff 1939; Tolman 1939):

$$\frac{dP(r)}{dr} = -\frac{G}{r^2} \left[ \rho(r) + \frac{P(r)}{c^2} \right] \left[ M(r) + 4\pi r^3 \frac{P(r)}{c^2} \right] \left[ 1 - \frac{2GM(r)}{c^2 r} \right]^{-1}$$

#### Neutron stars - mass and radius observations

#### Challenge

Some objects have precise measurements of their masses, but there is always a problem with radii measurements...



### Equation of state is still unknown



Watts (2019)

#### Equation of state status

In reality it is (currently) impossible to determine equation of state due to the observational error.



## Numerical relativity needed!

Sequences of rotating stars parametrized by the spin frequency and the equation of state parameter (e.g. the central pressure) can be obtained by using e.g. a multi-domain spectral methods: library LORENE (Gourgoulhon et al. 2016; Bonazzola et al. 1993; Gourgoulhon et al. 1999; Gourgoulhon 2010)



## To test equation of state we need better estimation of the neutron stars global parameters.

# Neutron star Interior Composition ExploreR (NICER) $\rightarrow$ Predicted accuracy of *M* and *R* measurements: few % by using pulse profile modelling

Psaltis, Özel & Chakrabarty (2014); Psaltis & Özel (2014); Lo, Miller, Bhattacharyya & Lamb (2013); Miller & Lamb (2016)





## **Observational results: NICER**

To achieve  $\sim$  5% accuracy in *M* and *R* measurements many assumption have to be fulfilled...



#### ... so far 10% was achieved for PSR J0030+0451 ( $f \approx 200 \text{ Hz}$ ).

Riley et al. (2019); Raaijmakers et al. (2019); Bilous et al. (2019); Miller et al. (2019); Bogdanov et al. (2019);

Guillot et al. (2019)

## Constraining equation of state with NICER

A NICER view of PSR J0030+0451: implications for the dense-matter equation of state.



Raaijmakers et al. (2019)

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#### Sieniawska, Bejger & Haskell (2018) A&A, 616, A105 arXiv:1803.08813



Reference model: SLy4 model: crust + liquid core with *npev* composition (Douchin & Haensel 2001)

Model1 and Model2: our polytropic equations of state: SLy4 crust + three piecewise relativistic polytropes:

$$P(n) = \kappa_i n^{\gamma_i},$$

$$\epsilon(n) = \rho c^2 = \frac{P}{\gamma_i - 1} + nm_{b_i}c^2$$

P(n) - pressure as function of the baryon density  $n \in (n)$  - mass-energy density  $\kappa_i$  - pressure coefficient for *i*-th polytrope  $(i = 1, ..., 3) \gamma_i$  - polytropic index  $m_{D_i}$  - baryon mass

Sieniawska, Bejger & Haskell (2018) A&A, 616, A105 arXiv:1803.08813



With rotation one can distinguish between equation of states!

PSR J1748-2446ad:  $\nu=$  716 Hz Hessels et al. (2006)

XTE J1739-285:  $\nu = 1122$  Hz Kaaret et al. (2007) not confirmed

5% accuracy in *R* measurements leads to errors:

- 8 10% for the oblateness and area
- up to 10% for  $n_c$ ,  $P_c$  and  $\rho_c$  for  $1M_{\odot}$
- ≥ 20 40% for n<sub>c</sub>, P<sub>c</sub> and ρ<sub>c</sub> for 2M<sub>⊙</sub>

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## **Basics of the Gravitational Radiation Theory**

## A non-negligible time-varying quadrupole moment is needed to produce GWs!

GW amplitude strain tensor  $h_{ij}$  at position r (Einstein 1916, 1918):

$$h_{ij}=rac{2G}{c^4r}\ddot{Q}_{ij}(t-rac{r}{c}),$$

where the mass-quadrupole moment:

$$Q_{ij}(x) = \int \rho(x_i x_j - \frac{1}{3}\delta_{ij}r^2) d^3x.$$

Propagation of the GWs in vacuum is governed by a standard wave equation:

$$(\frac{\partial^2}{\partial t^2} - \nabla^2)h_{ij} = \Box h_{ij} = 0.$$





- Hulse–Taylor binary (PSR B1913+16)
- Discovered in 1974; Nobel Prize in Physics 1993
- ► A binary star system composed of a neutron star and a pulsar → precise measurements
- Great agreement with the loss of energy due to gravitational waves

## New era: gravitational waves astronomy (O1/O2/O3)

#### 90 events confirmed! (GW150914,GW170817)



→ Detections catalog: https://www.gw-openscience.org

### **Coalescencing binaries**

Gravitational waves from coalescencing binary systems are <u>standard sirens</u> (Schutz 1986) - the GW analog of an astronomical standard candle - as determination of their luminosity distance depends only on measurable quantities like amplitude, frequency and frequency derivative of the signal.

$$h_{0,\text{bin}} = \frac{4\pi^{2/3}G^{5/3}}{c^4} (f_{\text{GW}}\mathcal{M})^{5/3} \frac{1}{f_{\text{GW}}} \frac{1}{d}$$
$$\dot{f}_{\text{GW}} = \frac{96}{5}\pi^{8/3} \left(\frac{G\mathcal{M}}{c^3}\right)^{5/3} f_{\text{GW}}^{11/3}$$
$$\text{Chirp mass: } \mathcal{M} = \frac{(M_1M_2)^{3/5}}{(M_1+M_2)^{1/5}}$$



GW170817 (Abbott et al. 2017)

#### Gravitational wave cosmology



#### Cosmological corrections

$$\begin{split} &h_{0,\text{bin}} = \\ &\frac{4\pi^{2/3}G^{2/3}}{c^4} (f_{d,\text{GW}}\mathcal{M}_d)^{5/3} \frac{1}{f_{d,\text{GW}}} \frac{1}{d_l} \\ &f_{s,\text{GW}} = f_{d,\text{GW}} (1+z); \\ &\dot{f}_{d,\text{GW}} = \dot{f}_{s,\text{GW}} / (1+z)^2; \\ &\mathcal{M}_d = (1+z)\mathcal{M} \end{split}$$



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#### Electromagnetic counterpart needed!

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## Tidal deformability: GW170817 (Abbott et al. 2018)



Reaction of the star on the external tidal field (lowest-order approximation) Love (1911):

 $\lambda_{td} = \frac{2}{3} R^5 k_2, k_2$  depends on M and EOS

Normalised value

$$\Lambda = \lambda_{td} \left( \frac{GM}{c^2} \right)^{-5} \in (100, 1000)$$

Effective tidal deformability

 $\tilde{\Lambda} = \frac{16}{13} \frac{(M_1 + 12M_2)M_1^4 \Lambda_1 + (M_2 + 12M_1)M_2^4 \Lambda_2}{(M_1 + M_2)^5}$ 



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## Tidal deformability: GW170817 (Abbott et al. 2018)



Reaction of the star on the external tidal field (lowest-order approximation) Love (1911):  $\lambda_{td} = \frac{2}{3}R^5k_2$ ,  $k_2$  depends on M and EOS Normalised value  $\Lambda = \lambda_{td} (GM/c^2)^{-5} \in (100, 1000)$ Effective tidal deformability  $\tilde{\Lambda} = \frac{16}{13} \frac{(M_1 + 12M_2)M_1^4 \Lambda_1 + (M_2 + 12M_1)M_2^4 \Lambda_2}{(M_1 + M_2)^5}$ 2000 15 Less Compact MSIB More Compact 1500  $\stackrel{\sim}{<}_{1000}$ 500 250 500 750 1000 1250 $\Lambda_1$ 

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#### Mysterious neutron stars

## GW170817: can be hybrid (twin) stars

Sieniawska, Turczański, Bejger & Zdunik (2019) A&A 622, A174 arXiv:1807.11581 Tidal deformability and other global parameters of compact stars with strong phase transitions

One of the possibilities of a very dense matter is the deconfinement of the quarks  $\rightarrow$  existence of the phase transition between the normal matter and the quark matter.



Simulations of the hybrid stars are consistent with the GW170817 tidal deformability measurements.

## So far only compact objects mergers were detected, but it's just a beginning!



Upgrade of the existing detectors + new methods in data analysis + new detectors = detections of the more subtle signals

## Signal-to-noise ratio (SNR)



Regimbau et al. (2017)

#### Signal-to-noise ratio

$${\it SNR} \propto rac{h_0}{\sqrt{S_n}} \sqrt{T}$$

 $S_n$  - strain noise (aLIGO:  $\sqrt{S_n} \sim 10^{-23} \text{Hz}^{-1/2})$ 

T - observational time

Network of the detectors

 $SNR \propto \sqrt{N}$ 

N - number of detectors with comparable sensitivity

▶ GW150914:  $h_0 \sim 10^{-21}$ ,  $T \sim 0.2s \rightarrow SNR \sim 24$ ▶ CGW:  $h_0 \leq 10^{-25}$ ,  $T \sim$  days, months, years...

## Continuous gravitational waves



#### Emission mechanisms (NS)

- Mountains (elastic, magnetic, viscosity stresses)
   f<sub>GW</sub> = 2f<sub>rot</sub>
- Oscillations (r-modes)  $f_{GW} = 4/3f_{rot}$
- Free precession
- Magnetic field

#### Reviews

<u>Sieniawska</u> & Bejger (2019) Bejger (2018) Lasky (2015)

## Deformed neutron stars

#### Commonly used model

Non-axisymmetric rotating NS (described as a triaxial ellipsoid) radiating purely quadrupolar CGW.

#### Strain amplitude

$$h_0 = 4 imes 10^{-25} \left(rac{\epsilon}{10^{-6}}
ight) \left(rac{h_3}{10^{45} \, \mathrm{g \, cm^2}}
ight) \left(rac{f}{100 \, \mathrm{Hz}}
ight)^2 \left(rac{100 \, \mathrm{pc}}{d}
ight)$$

Compare GW 150914:  $h_0 \sim 10^{-21}$  (Abbott et al. 2016)  $\epsilon = (I_1 - I_2)/I_3$   $I = I_3$   $f = \Omega/2\pi$ d - distance



#### Target:

rapidly spinning neutron stars in our Galaxy

∼ 2600 known (http://www.atnf.csiro.au/people/pulsar/psrcat/) potentially 10<sup>8</sup> objects

## Can we also use CGWs as standard sirens?

#### Mountains

Rigid rotation of a triaxial star, whose triaxiality or 'mountain' is supported by elastic and/or magnetic strains.



#### R-modes

Inertial waves, caused by the Coriolis force acting as restoring force (Rossby 1939).  $h_{0,\rm rm} = \sqrt{\frac{8\pi}{5}} \frac{G}{c^5} (\alpha M R^3 \tilde{J}) \frac{1}{d} \omega_{\rm mode}^3$  $\tilde{J} = \frac{1}{MB^4} \int_0^R \hat{\rho} r^6 dr$  $\dot{\omega}_{\rm rot} = -\frac{2^{18}\pi G}{3^8 5^2 c^7} (\alpha M R^3 \tilde{J})^2 \frac{1}{h} \omega_{\rm rot}^7$ (a)

Sieniawska & Jones (2021), arXiv:2108.11710, accepted to MNRAS

## CGWs as not-quite-standard sirens



## Gravitational wave parallax



## Gravitational wave parallax

#### Sieniawska & Miller - preliminary results

$$d = \sqrt{\frac{K_{sky}}{\pi}} R_{orb} T_{FFT} \left[ \frac{\dot{f}}{\Omega_{orb} \cos(\beta)} + \frac{f_0 \Omega_{orb} R_{orb}}{c} \right]$$
  
$$\sigma(d) = \frac{1}{\rho} \sqrt{\frac{K_{sky}}{\pi^3}} \left[ \frac{48 R_{orb}^4 \Omega_{obs}^2}{c} + \frac{180 R_{orb}^2}{\Omega_{obs}^2 T_{obs}^2 \cos^2 \beta} - \frac{180 R_{orb}^3}{c T_{obs} \cos \beta} \right]$$



- Suitable for the near sources (how near?)
- Long-lived signal (CGW)
- What search grid/sky resolution do we need?
- The ONLY work: Seto (2005)
- ... but contains (too) many approximations

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