

## CP3 Outing day



Contribution ID: 6

Type: **not specified**

## Green Courses

*Friday, 19 October 2012 10:10 (40 minutes)*

Start the activity with the easiest course. These two courses are lower and are the easiest to do physically.

Get in shape and get used to height and to overtaking obstacles.

On the programme:

Tarzan swing

Rope bridge

Slide

Flying fox

...

**Session Classification:** Outdoor activity: courses in the trees